**A logo with text on it

AI-generated content may be incorrect.**

**Step three: Are you ready for detox?\_**

|  |  |
| --- | --- |
| **‘Are you ready?’ update form – for completion seven days before you go** | |
| **Information update check** | **Comments** |
| How will you be getting to your detox? |  |
| Do you know what to expect whilst you are at your detox? |  |
| Is there anything worrying you about going into your detox? |  |
| Have you increased or decreased your drug/alcohol use since you were assessed for your inpatient detox? |  |
| Have your social circumstances changed since you were assessed for your inpatient detox? |  |
| Have you noticed any changes to your physical health since you were assessed for your inpatient detox? |  |
| Have you noticed any changes to your mental health since you were assessed for your inpatient detox? |  |
| Do we have the correct emergency contacts details have, in case we need to call someone for you? |  |
| Are you clear about your exit plan? Does it still reflect your current circumstances? |  |
| **Staff member’s name:** | |
| **Your name:** | |
| **Date:** | |

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