KS4 – Drug, Alcohol and Tobacco Education

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| Year | Lesson heading  | Lesson content  | Learning outcomes  |
| 10 | Persuasive influences  | * Recognising main influencers
* Challenging stereotypes
 | * Identifying fact v’s opinions
* Debates around perceptions around drug and alcohol users
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| 10 | Drug use within society  | * Exploring the use of drug, alcohol and tobacco use on society
 | * Identify the wide reaching impact of drug use
* Debate between law and ethics
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| 10 | Reviewing knowledge of illegal drugs (Cannabis and Alcohol) | * Reviewing knowledge on main drug used
 | * Effects of each drug on health (including mental health)
* Awareness of short and long term impact
* Identify support
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| 11 | Knowledge of drugs and emergency procedures  | * Review knowledge of legal and illegal drugs
* Risks of mixing drugs and alcohol
* Harm reduction
 | * Further learning of the impact on the user
* Demonstrate knowledge around risks of mixing drugs
* Knowledge of basic first aid procedures
* How to stay safe
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| 11 | Responsibilities and Consequential Thinking  | * Explore what responsibilities people have for themselves and for others
* Consequences of decisions and their effect on future aspirations
 | * Impact of substance use has on person and others (Ripple effect)
* Detailed understanding of the law and how this can impact them later on in life such as travel, driving, employment
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| 11 | Accessing support  | * Self-care tips
* Where they can go for help and support
 | * Other factors associated with drug, alcohol and tobacco use
* Strategies around reducing risk
* Identify local support
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