KS4 – Drug, Alcohol and Tobacco Education

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| Year | Lesson heading | Lesson content | Learning outcomes |
| 10 | Persuasive influences | * Recognising main influencers * Challenging stereotypes | * Identifying fact v’s opinions * Debates around perceptions around drug and alcohol users |
| 10 | Drug use within society | * Exploring the use of drug, alcohol and tobacco use on society | * Identify the wide reaching impact of drug use * Debate between law and ethics |
| 10 | Reviewing knowledge of illegal drugs (Cannabis and Alcohol) | * Reviewing knowledge on main drug used | * Effects of each drug on health (including mental health) * Awareness of short and long term impact * Identify support |
| 11 | Knowledge of drugs and emergency procedures | * Review knowledge of legal and illegal drugs * Risks of mixing drugs and alcohol * Harm reduction | * Further learning of the impact on the user * Demonstrate knowledge around risks of mixing drugs * Knowledge of basic first aid procedures * How to stay safe |
| 11 | Responsibilities and Consequential Thinking | * Explore what responsibilities people have for themselves and for others * Consequences of decisions and their effect on future aspirations | * Impact of substance use has on person and others (Ripple effect) * Detailed understanding of the law and how this can impact them later on in life such as travel, driving, employment |
| 11 | Accessing support | * Self-care tips * Where they can go for help and support | * Other factors associated with drug, alcohol and tobacco use * Strategies around reducing risk * Identify local support |