Year 6 - Lesson plan for session 2

What are drugs?

[Positive Choices Coventry](https://www.changegrowlive.org/positive-choices-coventry)

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| Links to PSHE Association Programme of study  See:  <http://www.pshe-association.org.uk/resources> | Learning outcomes    By the end of this lesson, the pupils will have:   * An understanding on Tobacco, Alcohol and Cannabis * An awareness of the effects and impacts on the body. * Become comfortable in knowing the laws around these drugs. |
| Time required | 45 minutes (depending upon pupil’s needs and teacher choices) |
| Required resources | Paper and pencils for children to record their learning and thinking – this alternatively could be done electronically.  Flip chart / A3 paper and pens for each table (optional)  Internet access for research / alternatively printed information. For both it is recommended you utilise [www.talktofrank.com](http://www.talktofrank.com) and drugwise <https://www.drugwise.org.uk/drugsearch-encyclopedia/>  We would also suggest that pupils have a PSHE learning journal to provide evidence of learning and progression and as a reflective log. |
| Lesson Plan | **Introduction discussion – whole class**  At some stage in life, many of us may come into contact with someone who is or has used drugs and alcohol. Drugs are substances that are consumed that change the way someone feels, behaves and respond.  Today’s session will explore the three most common drugs you may come into contact with and give you some information about what they are and how you can keep safe.  **Main Activity:**  **3 small groups**  With the class divided into 3 small groups; each group is given a drug to research and create a mini presentation on. The children are to consider:   * The effects – how may someone look, feel, and behave. * What could happen to the body? * How could you keep safe around someone using this drug? * What does the law say about this drug?   Each group is to then feed their information back to the class. Teacher is to expand on any appropriate information and encouragement should be given for relevant and appropriate questions. |
| Assessment / Plenary | Time should be allowed for any children that wish to speak to an adult about what has been discussed during today’s session. |