Year 4 - Lesson plan for session 2

Exploring risks   
[Positive Choices Coventry](https://www.changegrowlive.org/positive-choices-coventry)

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| Links to PSHE Association Programme of study  See:  <http://www.pshe-association.org.uk/resources> | Learning outcomes  By the end of this lesson, the pupils will have:   * Developed their ability to assess when a situation could be risky * Understand why we take risks * Build awareness of the impact of feelings on risk taking * Ability to identify how to make a situation safer |
| Time required | 30 minutes (depending upon pupil’s needs and teacher choices) |
| Required resources | Paper and pencils for children to record their learning and thinking – this alternatively could be done electronically  Flip chart / A3 paper and pens for each table – pens to highlight during activity two  We would also suggest that pupils have a PSHE learning journal to provide evidence of learning and progression and as a reflective log.  Feelings cards – activity one  Risk and feelings cards – assessment activity |
| Lesson Plan | **Introduction discussion – whole class**  Ask children to think of a time when they had been excited. How did it make them feel?  On the white board list the above and ask for expansion around how they behaved?  Ask children:   * Would accidents be more likely to happen when a person gets excited? * What sorts of things could happen?   Excitement could lead to a person not being careful and so being at risk of hurting themselves. Explore other feelings and add these to the list with the same consideration; ie if you’re feeling sad, how does this make you feel, how do you behave, could accidents happen?  **Main Activities:**  **Activity 1**  In groups; give out feelings cards (resource):   * Feeling upset * Frightened * Bullied * Threatened * Pressured by friends   Group discussions then to be had on:   * How could these feelings affect a person’s safety ie. What sort of risks might a person take?   Children are then to make a scenario based on a risk that might be taken whilst experiencing their given feeling. With a focus on:   * How can this scenario be made safer? |
| Assessment / Plenary | To assess understanding and develop children’s ability to assess risk:  Pull out one Risk card and one Feelings card. Children decide whether the two combined are High/Medium/Low Risk and show on their bodies:   * High Risk = Arms up * Medium Risk = Hands on shoulders * Low Risk = Hands on knees |