Year 4 - Lesson plan for session 1

Decision making   
[Positive Choices Coventry](https://www.changegrowlive.org/positive-choices-coventry)

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| Links to PSHE Association Programme of study  See:  <http://www.pshe-association.org.uk/resources> | Learning outcomes    By the end of this lesson, the pupils will have:   * Become more confident in making decisions * Be aware of informed decisions and that all decisions have consequences (both positive and negative) |
| Time required | 30 minutes (depending upon pupil’s needs and teacher choices) |
| Required resources | Paper and pencils for children to record their learning and thinking – this alternatively could be done electronically  Flip chart / A3 paper and pens for each table – pens to highlight during activity two  We would also suggest that pupils have a PSHE learning journal to provide evidence of learning and progression and as a reflective log.  Worksheet ‘Making informed decisions’ |
| Lesson Plan | **Introduction discussion – whole class**  We make decisions all day, every day. From what we have for breakfast and wear for the day, to bigger decisions such as what to call the new family pet!  We often make decisions based on the information we have at that time; this is called an informed decision. Having the information we need means that we can balance whether it is a good or bad decision to make.  When a decision is made; it will have a consequence / an outcome / something will happen due to this decision.  Today’s activity will build our confidence in making decisions, knowing when we need more information to make a decision and what the ending might be.  **Main Activity:**  Individually; using the worksheet ‘Making informed decisions’ consider each decision and think about:   * Are you happy to make a decision? – based on the information that has been given, think about how it makes you feel. * Is there anything else you would like to know before you make the decision? - Do you need to know more information about the activity/plans? Do you need to run the decision past someone else such as an adult / parent? * What would be the ending to making this decision? – You may choose to go to your friend’s house and have fun playing or you may choose to have pasta for your dinner and don’t like the sauce as you didn’t find out what would be on the pasta! |
| Assessment / Plenary | Discuss with the class how they felt about making these decisions. Did anyone make decisions without finding our more information? Would they do anything differently now they’ve discussed it with the class? |